



# GFWC SOUTHERN REGION ANNUAL MEETING

Hosted by  
GFWC Mississippi Federation of Women's Clubs, Inc.  
Imperial Palace (IP) Casino Resort and Spa, 850 Bayview Avenue, Biloxi Mississippi  
October 26-29, 2023



Name \_\_\_\_\_ Address \_\_\_\_\_  
 City, State \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_  
 Email \_\_\_\_\_ State Federation \_\_\_\_\_

### Please Complete the Following for Credentials

GFWC Officer Title \_\_\_\_\_  Southern Region Committee \_\_\_\_\_  
 GFWC Chairman Title \_\_\_\_\_  
 GFWC Committee \_\_\_\_\_  State Federation Officer Title \_\_\_\_\_  
 Southern Region Officer Title \_\_\_\_\_  Club Member  Club President  Booster  
 Southern Region Chairman Title \_\_\_\_\_  Guest

		Cost	Total
<b>Registration Fee</b>	Full Conference	\$25.00	_____
<b>Registration Fee</b>	One Day Only	\$20.00	_____
<b>Thursday, October 26</b>	Region Board of Directors Meeting/Dinner	\$65.00	_____
<b>Friday, October 27</b>	Breakfast (7 - 8:00 a.m., no meeting associated with this breakfast)	\$24.00	_____
	Tour: Experience the Magic of the Historic Biloxi Lighthouse followed by a Luncheon/Tea hosted by the Gulfport Women's Club. Choose one: Shrimp Chicken Vegetarian	\$85.00	Not Available
	Tour: The Magic of Relaxation IP Senses Spa Day.	See Handout	_____
	State Night Dinner	\$55.00	_____
	Junior Fun Night	\$15.00	_____
<b>Saturday, October 28</b>	Breakfast (8 - 8:30 a.m., no meeting associated with this breakfast)	\$22.00	_____
	Luncheon	\$38.00	_____
	Southern Region Dinner	\$65.00	_____
<b>Sunday, October 29</b>	Breakfast	\$30.00	_____
<b>Late Fee</b>	If postmarked/submitted after September 29, 2023	\$40.00	_____
<b>Total Due:</b>	Registration, Meals & Tours	<b>TOTAL</b>	_____

Please list any Dietary Restrictions

### Postmark/Submit Deadline for Registration is September 29, 2023.

LATE FEE of \$40 applies if postmarked/submitted after September 29, 2023.

Two ways to pay for Southern Region Conference: Check one.

Pay by check. Submit your registration package by clicking the submit button below and then mailing check made payable to GFWC Mississippi for the total amount to: Diane Rouse SRC Registration Chairman, 2323 Tiffany Circle, Florence MS 39073. Be sure to include your name in the memo line of your check so that we can tag it to your submitted registration.

Pay by Venmo. Complete form and click submit button at bottom of page. Make payment by Venmo.



**venmo**

Scan this code to pay  
Diane Rouse  
@Diane-Rouse-10

**HOTEL RESERVATIONS:** Imperial Palace (IP) Casino Resort and Spa. The rate is \$99.99 for a room with two queen beds for October 25, 26, and 29 - 2 people; \$139.99 on October 27 and 28. Additional people are \$20.00 per adult plus tax per room, per night. **The deadline for Room Reservations is Wednesday October 3, 2023.** The group name is GFWC MS Federation of Women's Club, Inc. Group Code: FWJ23C. Use this link for quick and easy reservations: [www.ipbiloxi.com/groups](http://www.ipbiloxi.com/groups). Call-In Reservations: (888) 946-2847, press 1 for reservations, identify yourself by using Group Name /Code.

Allergies: \_\_\_\_\_ Medication in Emergency: \_\_\_\_\_

Notify in Emergency: \_\_\_\_\_ Phone: \_\_\_\_\_

or email to Diane Rouse at [crouse99@yahoo.com](mailto:crouse99@yahoo.com)

# The Magic of Relaxation

## IP Senses Spa Day

Please fill in the blanks with the amounts for the services you would like and include the subtotal for all spa services on your registration form. ***NO REFUNDS.***

- Spa Day Services will be scheduled between 9:00 a.m. and 3:00 p.m. on Friday, October 27.
- You will be notified of your appointment time(s) prior to that date.
- Please arrive at least 30 minutes early. The spa opens at 8:45 a.m. Treatments for late arrivals will end at the scheduled time, as a courtesy to the next guest. Full charges apply.
- Everyone must be age 18 or older and present a valid ID.
- Please do not contact the spa directly about appointments. If you have any questions, please contact Judy Martin, 601-540-1856 or [jmartago@gmail.com](mailto:jmartago@gmail.com)
- No outside food or beverages allowed.
- *For guests over age 21, beverages such as wine, champagne, and Moscato are available for purchase, maximum of 3 per guest.*

***\*\*\*\*\*Pricing does not include tips for spa providers or spa attendants.\*\*\*\*\****

### ❖ FACIALS:

**Micro Plus Microdermabrasion** **\$150/30 minutes** \_\_\_\_\_

This non-chemical and non-invasive treatment gets rid of dirt, oil, and dead skin cells to reveal softer, smoother skin. If your complexion is looking a little dull our diamond tip exfoliation treatment may be able to help you reclaim your skin. Your esthetician will administer HydroPlus+ serum to complement your skin type to deeply hydrate and nourish your skin, improving its appearance and texture. Sunscreen is essential afterwards.

**Aqua Facial** **\$145/25 minutes** \_\_\_\_\_

A hydrodermabrasion treatment that combines cleansing solutions with an exfoliating tip to gently remove dead skin cells and impurities from the skin. A cleansing, exfoliating, and serum infusion helps to hydrate and nourish your skin without discomfort.

**Sense of Bliss** **\$140/80 minutes** \_\_\_\_\_

You may never want to leave after 80 minutes of being nurtured and nourished from head to toe. Vitamin rich masques and creams will cleanse and exfoliate your face. This facial includes a hand, foot, and scalp treatment which will leave you feeling silky soft and fragrant.

**Fountain of Youth Facial** **\$110/50 minutes** \_\_\_\_\_

This facial hydrates, revitalizes and firms stressed skin. Great for all skin types, this thirst-quenching facial brings about a noticeable, radiant, youthful glow to both men and women alike.

**Custom Facial** **\$105/50 minutes** \_\_\_\_\_

Does your face suffer from oily, clogged skin? Is your skin congested? This facial will be tailored to what your skin needs to prevent future breakouts and congestion to keep skin smooth and healthy.

**Express Yourself Facial** **\$60/25 minutes** \_\_\_\_\_

All of the good stuff with none of the fuss. This quick but effective facial will leave your skin cleansed, nourished, and hydrated.

**Vascutouch** **\$100/25 minutes** \_\_\_\_\_

This treatment provides an inexpensive means to quickly and easily remove cherry angiomas and skin tags found on the face and body. Cannot be booked with any other facial treatments. Guests with pacemakers and heart issues should refrain from this service due to its electrical current.

**Brow Lamination and Tint** **\$120/50 minutes** \_\_\_\_\_

<b>Brow Lamination</b>	<b>Brow Tint</b>
<b>\$75/25 minutes</b> _____	<b>\$75/ 25 minutes</b> _____

<b>Lash Lift and Tint</b>	<b>Eyebrow Wax \$20</b> _____	<b>Full Face Wax \$55</b> _____
<b>\$100/50 minutes</b> _____	<b>Lip Wax \$20</b> _____	

❖ ***MASSAGES:*** (Note: Services will be refused if you have had recent surgeries, car accidents, or similar traumas.)

Please mark, if you have a preference for your message therapist: male or female

**Deep Tissue Massage** **\$130/50 minutes, \$180/80 minutes** \_\_\_\_\_  
An intensive therapeutic massage technique directed at the deep layers of the muscle. Designed to release tension, stress and fatigue for overall improvement of muscle function and increased energy.

**Senses Massage** **\$110/50 minutes, \$160/80 minutes** \_\_\_\_\_  
A full-body massage based on traditional Swedish techniques including long relaxing strokes to soothe muscles and increase blood flow. A calming massage that promotes overall health and well-being.

**Custom Massage** **\$115/50 minutes, \$165/80 minutes** \_\_\_\_\_  
Our full body integral massages are customized to the specific needs of each client. Treatments incorporate a blend of Swedish and deep tissue techniques drawing from each therapist's unique healing style.

**Mommy-To-Be Massage** **\$115/50 minutes, \$165/80 minutes** \_\_\_\_\_  
This massage is offered for moms to be in their second and third trimesters. It is designed to comfortably position the mother in order to help encourage relaxation. It is a healthy way to alleviate pain and stress and promotes overall wellness for the mother and baby. Prenatal massage also increases circulation and relieves many of the normal discomforts experienced during pregnancy.

**Rock the Senses** **\$175/80 minutes** \_\_\_\_\_  
The Original "La Stone" Treatment blends highly skilled technique, a smooth basalt stone massage and signature oils. Using warm and cool stones with a range of light to deep massage and enhanced energy work, this massage experience will bring pure relaxation.

**European Stone Massage** **\$120/50 minutes** \_\_\_\_\_  
This stone massage uses a skillful blend of warm basalt stones with therapeutic and relaxing massage strokes. The heat within the stones helps penetrate deeper into your muscle tissue inducing profound relaxation. A wonderful alternative to a deep tissue massage.

**Upper Body Massage** **\$60/ 25 minutes** \_\_\_\_\_  
A condensed version of our Senses Massage, this treatment concentrates on the neck, back and shoulder areas using a Swedish massage technique.

**Refreshology** **\$60/ 25 minutes** \_\_\_\_\_  
Gentle and direct pressure is placed on specific points on the hands and feet that correspond to individual organs and parts of the body. A wonderful therapy that re-establishes energy flow and enhances circulation.

❖ ***ADDED PLEASURES FOR MASSAGE TREATMENTS:***

**Island Milk Bath** **\$55/25 minutes** \_\_\_\_\_  
Smoothing milk baths have been enjoyed for centuries as an essential beauty ritual. Our tropical twist on this decadent treatment blends pure coconut milk from Fiji with tropical essences of exotic fruits for the ultimate skin smoothing paradise inducing bath journey.

**Scrassage** **\$20/15 minutes** \_\_\_\_\_  
Begin your massage by adding a sugar scrub application and warm towels to your back. This eliminates dull skin to reveal new healthy skin and replenishes moisture to create the ultimate healthy back hydration.

**Tropical Oil Scalp Massage** **\$25/15 minutes** \_\_\_\_\_  
A traditional Fijian coconut bowl is used to slowly drizzle warm exotic nut oils that are gently massaged into the scalp and neck restoring balance and leaving the hair shiny and healthy.

**Cupping** **\$30** \_\_\_\_\_  
Add-on cupping treatment (upper and lower back) with full body massage. This quick, yet effective add-on treatment helps to reduce inflammation in the body. This add-on is done within the scheduled service and not as an additional add-on time.

❖ **BODY TREATMENTS:**

**SUKA SCRUB** **\$110/50 minutes** \_\_\_\_\_  
This decadent treatment originates from Fiji. Coconut sugar will be used for your amazing exfoliation and hydration treatment. Finish with a pineapple oil application. You may add a deluxe upper body massage.

❖ **SALON SERVICES:**

- No dip or acrylic services are offered.
- Shellac (gel) is ONLY offered for manicures.
- ***THERE IS AN EXTRA CHARGE OF \$20 to soak off existing gel, dip, acrylics, etc.*** Please mark the “soak” item below, if you will need this service.

**Fiji Wave Signature Manicure** **\$65/50 minutes** \_\_\_\_\_  
A tropical soak in swirling warm coconut milk transports you to an island paradise. Nourishing and softening your hands and preparing your nails to be cleansed, shaped and buffed. Included in this signature manicure is a coconut sugar scrub, paraffin dip and creamy body butter hand and arm massage. The finish will include complete nail finishing and polish.

**Fiji Wave Manicure** **\$55/30 minutes** \_\_\_\_\_  
Milk bath, creamy body butter hand and arm massage, complete nail finishing and polish.

**Shellac Manicure** **\$75/50 minutes** \_\_\_\_\_

**Flip Flop Signature Pedicure** **\$95/75 minutes** \_\_\_\_\_  
A warm bath with coconut water softens your skin. Surrender your legs and feet to a luxurious body butter massage. A nail and foot cleanse, shaping and buffing follows. Smooth the edges with a coconut sugar scrub and rinse, followed by a foot and leg massage, wrap and paraffin dip. A nail finishing and polish completes this service.

**Flip Flop Pedicure** **\$75/50 minutes** \_\_\_\_\_  
A warm bath with coconut water softens your skin. A nail and foot cleanse, shaping and buffing follows. Smooth the edges with a coconut sugar scrub and rinse followed by a foot and leg massage. A nail finishing and polish completes this service.

**Express Pedicure** **\$55/25 minutes** \_\_\_\_\_  
Soak, cleanse, finish and polish.

**Soak** **\$20** \_\_\_\_\_  
Soak off and remove existing dip, acrylic, gel, etc.

❖ **HAIR SERVICES:** If you are interested in a cut and style, color, or partial/full highlights, please contact Judy Martin for pricing information. 601-540-1856 or [jmartago@gmail.com](mailto:jmartago@gmail.com)

**TOTAL FOR ALL SPA SERVICES:** \_\_\_\_\_  
(Please add this amount to your registration form.)